



# STUDENT-ATHLETE SPORTSMANSHIP CONTRACT

1. **Accept and understand** the seriousness of your responsibility.
2. **Show respect for opponents** at all times. The opponent must be accorded respect, integrity and courtesy.
3. **Respect cultural and ethnic differences.**
4. **Respect contest officials** as impartial decision makers and contest managers. Accept decisions despite the impact on the contest. Control emotions.
5. **Understand the rules of the game.** Moreover, understand that playing rules are intended to provide safe control of a contest while preventing opponents from gaining an advantage.
6. **Keep competition in perspective.** Athletics must be educational experiences and not dominated by a consuming desire to win at the expense of fairness and integrity.
7. **Respect opponent skills and talents.** Demonstrate an appreciation for excellence in opponent performances.
8. **Shake hands** with opponents before and/or after a contest. Wish them good luck.
9. **Accept victories or losses** with equal self control, poise and dignity.
10. **Accept responsibility** for the leadership privilege that is accorded to student-athletes and competitors.
11. **Make sport citizenship a total team commitment** regardless of your individual role.
12. **Treat opponents** as you would wish to be treated.
13. **Refrain from harassment**, taunting or degrading commentary about opponents, officials or teammates.
14. **Avoid disrespectful language** or conduct, trash talk or profanity.
15. **Demonstrate respect** for officials' opinions and judgments at all times.

Student-Athlete's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Student-Athlete's Signature: \_\_\_\_\_